

### REGULAR BOX

Balanced nutrition and variety with enough food to feed a family of four for a week.

- 1.5 lb. Choice Cut Beef Roast
- 2 lb. Breaded Chicken Tenders
- 2 lb. IQF Chicken Breast
- 1.5 lb. Pork Chops (4 x 6 oz.)
- 1 lb. 80/20 Lean Beef Patties (4 x 4 oz.)
- 28 oz. Salisbury Steak Entree
- 1 lb. All Meat Hot Dogs
- 1 lb. Carrots
- 1 lb. Green Beans
- 1 lb. Rice
- 24 oz. Steak-Cut Fries
- 32 oz. 2% Reduced Fat Shelf Stable Milk
- 7.5 oz. Mac and Cheese
- 14 oz. Chicken Broth
- 7 oz. Corn Muffin Mix
- Dozen Eggs
- Dessert Item

**\$30.00**

### SENIOR/CONVENIENCE BOX

*For Seniors or People on the Go!*

Ten perfectly seasoned, nutritionally balanced, fully cooked meals—just heat and serve. Each meal has been developed with the dietary needs of senior citizens in mind, and contains 3 oz. of protein, a starch & two vegetables or fruit.

**BBQ Pulled Pork:** Slow Roasted lean pork in our special Hickory BBQ Sauce, served with Black Eyed Peas, Collard Greens and Cinnamon Apple Sauce.

**Ground Beef Stroganoff:** Tender Ground Beef in Cream Sauce served over Parsley Egg Noodles, Green Beans w/Onions and Fruit Cocktail.

**Chicken Parmesan:** White Chicken in Italian Style Tomato Sauce and Mozzarella Cheese atop Spaghetti, Seasoned Green Beans and Garlic Bread.

**Meat Patties with Country Gravy and Onions:** Lightly floured and seasoned, served in Brown Onion Gravy, Mashed Potatoes, Steamed Broccoli with Cheese and Diced Beets.

**Meat Loaf with Brown Herb Gravy:** Traditional Meat Loaf with Herb Seasoned Brown Gravy, Sweet Potatoes, Green Peas w/Mushrooms and Green Beans.

**Sliced Roast Turkey:** Roasted, Sliced Turkey Breast served with Dressing and Sage Flavored Gravy, Red Potatoes in Cream Sauce, Green Beans and Jellied Cranberry Sauce.

**Chicken and Mushroom Bake:** Slow Cooked White Chicken served with Mushrooms in a delicious sauce over White Rice, seasoned Turnip Greens and Stewed Tomatoes.

**Chicken and Broccoli:** Tender white Chicken, Broccoli, Creamy Mashed Potatoes, a side of Creole style Okra and a Chocolate Chip Cookie.

**Burger Stew:** Tender Lean Ground Beef Stew with Vegetables served over Seasoned White Rice, accompanied by Broccoli with Mushroom Pieces and Sliced Peaches.

**Red Beans and Ground Beef:** Skillet Cooked Ground Beef served with Red Kidney Beans over White Rice, accompanied by Southern Flavored Collard Greens and a delicious Southern Style Biscuit.

**\$28.00**

### CHRISTMAS/HOLIDAY DINNER BOX

**(Quantities are Limited, So Place Your Order Today!!)**

Our special holiday box contains everything you need for a traditional Christmas meal.

Order one for your family and one for a family in need this holiday season. Feeds an average family including 2 adults and 2 children.

- 7lb. (avg.) Perdue Roasting Hen
- 2 lb. Natural Hickory Smoked Ham
- 2 lb. Heat and Serve Mashed Potatoes
- 2 lb. Heat and Serve Corn
- 2 lb. Heat and Serve Green Beans
- 17 oz. Cornbread Dressing
- 4.5 oz. Brown Gravy Mix
- 15 oz. Cranberry Sauce
- 8 Dinner Rolls
- Dessert Item

**\$35.00**

\*\*\*One or More Specials Available Only With the Purchase of Any of the Boxes Above \*\*\*

### DECEMBER SPECIAL #1

#### 6.5 lb. Grill Box

**\$22.00**

- 1.5 lb. Prime Rib Steak (2 x 12 oz.)
- 2 lb. Boneless Pork Roast
- 2 lb. Hamburger Beef Steaks (4 x 8 oz.)
- 1 lb. Bratwurst with Cheese

### DECEMBER SPECIAL #2

#### 4.5 lb. Meat Combo

**\$21.00**

- 1.5 lb. New York Strip Steaks (2 x 12 oz.)
- 1.5 lb. Bacon-Wrapped Beef Filet (4 x 6 oz.)
- 1.5 lb. Bacon-Wrapped Chicken Filet (4 x 6 oz.)

### DECEMBER SPECIAL #3

#### 10 lb. IQF Boneless/Skinless Chicken Breasts

**\$21.00**

- 10 lb. Unbreaded Boneless/Skinless Chicken Breasts

### DECEMBER SPECIAL #4

#### Fresh Fruit and Veggie Box

**\$21.00**

- 3 lb. bag North Carolina Extra Fancy Red Rome Apples
- 3 lb. bag North Carolina Sweet Potatoes
- 2 lb. bag New Crop Medium Yellow Onions
- 1 stalk Sleeved California Celery
- 1 lb. bag California Premium Carrots
- 4 lb. bag New Crop Florida Navel Oranges
- 2 lb. bag New Crop California Lemons
- 2 each New Crop Florida Ruby Red Grapefruit
- 8 oz. California Extra Fancy Raisins
- 4 lb. bag New Crop Idaho Potatoes

### DECEMBER SPECIAL #5

#### Holiday Mixed Fruit Gift Box

**\$26.00**

- 4 Washington State Large, Extra Fancy Red Delicious Apples
- 4 Washington State Large, Extra Fancy Golden Delicious Apples
- 4 Washington State Extra Large, Extra Fancy Granny Smith Apples
- 5 Washington State Large, Extra Fancy Red Anjou Pears
- 4 Extra Large, Extra Fancy Red Rome Apples
- 4 Large Florida Tree-Ripened Navel Oranges
- 4 Large Florida Tree-Ripened Tangerines
- 4 Large Florida Tree-Ripened Tangelos
- 6 Large Florida Tree-Ripened Juice Oranges
- 5 Large Florida Tree-Ripened Ruby Red Grapefruits
- 1 Recipe Sheet

### DECEMBER SPECIAL #6

#### Holiday Meat and Cheese Gift Box

**\$20.00**

- 2 9 oz. Beef Summer Sausage
- 1 9 oz. Summer Sausage
- 1 8 oz. Yellow Sharp Cheddar Cheese
- 1 8 oz. Yellow Mild Cheddar Cheese
- 1 8 oz. Monterey Jack Cheese

Orders Dates: **Dec 4<sup>th</sup> 1—8pm; Dec 5<sup>th</sup> & Dec 8<sup>th</sup> 1—5pm**  
 Distribution Day: **Saturday, Dec. 20<sup>th</sup> 9:30—11:30 am**  
 (payment is due at time of order. We accept EBT cards(food stamps), cash, checks & money orders.)  
**FAITH CHRISTIAN FAMILY CHURCH**  
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